

Top 10 questions to ask your doctor about diabetes complications

- 1 What complications should I be aware of?

- 2 What can I do to prevent complications?

- 3 What is my A1C target?

- 4 What is my blood sugar target?

- 5 What is my blood pressure target?

- 6 What is my cholesterol target?

- 7 Am I at high risk for cardiovascular complications of diabetes (*such as heart attack, stroke and heart failure*)?

- 8 How can I prevent or delay cardiovascular complications?

- 9 Are there any medications available that can help me reduce my risk of heart disease or kidney disease complications?

- 10 Are these medications appropriate for me to take?
