Top 10 questions to ask your doctor about diabetes complications

1. What complications should I be aware of?
2. What can I do to prevent complications?
3. What is my A1C target?
4. What is my blood sugar target?
5. What is my blood pressure target?
6. What is my cholesterol target?
7. Am I at high risk for cardiovascular complications of diabetes *(such as heart attack, stroke and heart failure)*?
8. How can I prevent or delay cardiovascular complications?
9. Are there any medications available that can help me reduce my risk of heart disease or kidney disease complications?
10. Are these medications appropriate for me to take?