

Let's talk about the ABC's of mealtime insulin!

Take this quiz and share your mealtime insulin experience with your doctor!

Achieving Targets Are you having trouble achieving your blood sugar targets (i.e., A1C, FPG, PPG)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Blood Sugar Variability Do you find that your blood sugar spikes after meals, even though you are taking your mealtime insulin?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Correcting Dose Are there any situations where you struggle with finding the right insulin dose or have to frequently correct your dose?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Dose Timing and Technique Do you find it challenging to inject your mealtime insulin at the times recommended by your doctor? Do you have any concerns about your injection technique?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Elevated Blood Sugar Do you feel the impacts of elevated blood sugar, such as fatigue and drowsiness, on your day-to-day activities?	<input type="checkbox"/> Yes <input type="checkbox"/> No

If you answered **yes** to one or more of these questions, start a conversation about your mealtime insulin with your doctor.

A1C: glycated hemoglobin or average blood glucose; FPG: fasting plasma glucose or pre-meal blood glucose level; PPG: postprandial plasma glucose or blood glucose level 2 hours after a meal